



ABOUT US

FarmPick, a specialist in sourcing the best quality food products worldwide, is an initiative to promote healthy living. With a well-established sourcing network of organic friendly farms across the globe, FarmPick procures fresh produce directly from farmers having a legacy and heritage in integrating sustainable farming methods, thus assuring supreme quality products to our customers. The products are sourced in a way that retains the nutrients and freshness of the sustainable farming environment, which is then processed and packed leveraging eco-friendly methods. Healthy living being our core concept, we at FarmPick offers fresh and finest quality food products at affordable prices possible so that fresh and natural food products would no longer be a luxury. Flavour your taste buds with nutritious and supreme quality food products from FarmPick, trusted by generations over the world!



Nutrition Facts

Portion Size 100g

Amount Per Portion
Calories 172

% Daily Value*

Total Fat g N/A

Saturated Fat 1.4g 7%

Total Carbohydrate 69g 25%

Dietary Fiber 35g 125%

Sugar 0g

Protein g N/A

Vitamin D mcg N/A

Calcium 448.00mg 34%

Iron 9.66mg 54%

Potassium 1345mg 29%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Black Pepper

تأينوكم : دوسألا لفلفل قوحسم

Ingédients: poudre de poivre noir

Zutaten: schwarzes Pfeffer Puder



Black Pepper Powder

دوسألا لفلفل قوحسم

poudre de poivre noir
schwarzes Pfeffer Puder

net.wt 250g



Brand and trademark registered / marque et marque déposée

Allergy Information:

Our products are processed on equipment's which also process products containing **PEANUT, SESAME, MUSTARD, TREENUTS, SEEDS, CEREALS** Containing Gluten, Egg, Soya, Crustacea and Dairy items.

*ALLERGENIC CONTENTS ARE MENTIONED IN BOLD.



Nutrition Facts

Portion Size 100g

Amount Per Portion

Calories 0

% Daily Value*

Total Fat 0g 0%

Total Carbohydrate 50g 18%

Protein 0g 0%

Vitamin D mcg N/A

Calcium mg N/A

Iron mg N/A

Potassium mg N/A

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Tea leaves

تان وک : دوسا ياش

Zutaten: Schwarzer Tee

Ingédients: thé noir

Farm Pick™

Tea

ي اش

Thé

Tee

net.wt 250g



Brand and trademark registered / marque et marque déposée

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***ALLERGENIC CONTENTS ARE MENTIONED IN BOLD.**



Nutrition Facts

Portion Size 100g

Amount Per Portion
Calories 311

% Daily Value*

Total Fat 6.7g	9%
Saturated Fat 0.7g	4%
Sodium 18mg	1%
Total Carbohydrate 68g	25%
Dietary Fiber 28g	100%
Protein 11g	22%
Vitamin D 0.00mcg	0%
Calcium 383.00mg	29%
Iron 13.97mg	78%
Potassium 1119mg	24%

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Ingredients: Cardamom

تانهوك : لاهل باج

Ingédients: Cardamome

Zutaten: Kardamom



Cardamom

لاهل باج

Cardamome
Kardamom

net.wt 250g



Brand and trademark registered / marque et marque déposée

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Nutrition Facts	
Portion Size	100g
Amount Per Portion	
Calories	274
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 4g	20%
Sodium 227mg	12%
Total Carbohydrate 66g	24%
Dietary Fiber 34g	121%
Sugar 2.4g	
Protein 6g	12%
Vitamin D 0.00mcg	0%
Calcium 632.00mg	49%
Iron 11.83mg	66%
Potassium 1020mg	22 %

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Ingredients: Cloves
 تانوكم : لفنرق
 Ingrédients: clous de girofle
 Zutaten: Nelken



Cloves

لفنرق

clous de girofle
 Nelken

net.wt 250g



Brand and trademark registered / marque et marque déposée

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***ALLERGENIC CONTENTS ARE MENTIONED IN BOLD.**



Nutrition Facts	
Portion Size	100g
Amount Per Portion	
Calories	298
% Daily Value*	
Total Fat 18g	23%
Saturated Fat 1g	5%
Sodium 35mg	2%
Total Carbohydrate 55g	20%
Dietary Fiber 42g	150%
Protein 12g	24%
Vitamin D 0.00mcg	0%
Calcium 709.00mg	55%
Iron 16.32mg	91%
Potassium 1267mg	27%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Coriander Seed

تأنيوكم : قريلال قرلوب

Ingrédients: Poudre de coriandre

Zutaten: Korianderpulver



Coriander Powder

قريلال قرلوب

Poudre de coriandre
Korianderpulver

net.wt 250g



Brand and trademark registered / marque et marque déposée

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***ALLERGENIC CONTENTS ARE MENTIONED IN BOLD.**



Nutrition Facts

Portion Size 100g

Amount Per Portion

Calories 0

% Daily Value*

Total Fat 0g 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugar 0g

Protein 0g 0%

Vitamin D mcg N/A

Calcium mg N/A

Iron mg N/A

Potassium mg N/A

* The % Daily Value (DV) tells you how much not in a serving of food contribute to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Green tea leaves

رضخأ ياش: رضخأ ياش

Ingrédients: Feuilles de thé vert

Zutaten: Grüne Teeblätter



Green Tea

رضخأ ياش

Thé vert
Grüner Tee

net.wt 250g



Brand and trademark registered / marque et marque déposée

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***ALLERGENIC CONTENTS ARE MENTIONED IN BOLD.**



Nutrition Facts

Portion Size 100g
Amount Per Portion
Calories 312

% Daily Value*	
Total Fat 3.3g	4%
Saturated Fat 1.8g	9%
Sodium 27mg	1%
Total Carbohydrate 67g	24%
Dietary Fiber 23g	82%
Sugar 3.2g	
Protein 9.7g	19%
Vitamin D 0.00mcg	0%
Calcium 168.00mg	13%
Iron 55.00mg	306%
Potassium 2080mg	44%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Turmeric
تاتونوكم: مكرلكل قوحسم
Ingrédients: Poudre de curcuma
Zutaten: Kurkumapulver



Turmeric Powder

مكرلكل قوحسم

Poudre de curcuma
Kurkumapulver

net.wt 250g



Brand and trademark registered / marque et marque déposée

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